

# VOLLEYBALL NATIONAL CHAMPIONSHIP

NOVEMBER 19-21, 2009, WISCONSIN DELLS CENTER; WISCONSIN DELLS, WISC.



Photo courtesy of Chula Vista Resort.

Illinois Central's volleyball team pose with the program's first national championship trophy.

## AFTER 24 TOURNAMENT APPEARANCES, SINCLAIR GETS FIRST NATIONAL TITLE IN DII VOLLEYBALL

**WISCONSIN DELLS, Wisc.** — Illinois Central College has been one of the top volleyball programs since the sport was sponsored by the NJCAA in 1974. ICC had advanced to the national tournament 24 times but had not won a national title. That all changed on Nov. 21, 2009 in Wisconsin Dells, Wisc., when ICC defeated Cowley College (Kan.) in five sets to claim the 2009 NJCAA Division II Volleyball Championship.

Illinois Central took a commanding 2-0 lead in the championship match with set wins of 25-21 and 25-19. Cowley then erased that lead with two set victories (25-23, 25-22) and forced a deciding fifth set that ICC would win 15-7.

ICC's Yiting Cao earned Tournament MVP honors. Cao finished with 23 kills, 15 digs and four aces in the tournament.

Leah Shaw and Katie Thomason were joined by Cao on the All-Tournament Team. Coach of the Tournament honors went to Sue Sinclair of Illinois Central who has been leading the program for 20 seasons.

Illinois Central ends their championship season with a 33-7 record, while Cowley closes 2009 with a mark of 32-5.

## TOURNAMENT RESULTS

### Thursday, November 19

Match 1	Parkland College, Ill. East Central CC, Miss.	def.	3-0 (25-9, 25-22, 25-19)
Match 2	Columbus State CC, Ohio McHenry County College, Ill.	def.	3-1 (25-21, 15-21, 25-23, 25-17)
Match 3	Des Moines Area CC, Iowa Glendale CC, Ariz.	def.	3-2 (25-23, 19-25, 20-25, 25-23, 15-12)
Match 4	Cowley College, Kan. Monroe College, N.Y.	def.	3-0 (25-18, 25-17, 25-16)
Match 5	Illinois Central College Catawba Valley CC, N.C.	def.	3-0 (25-16, 25-10, 25-11)
Match 6	Kalamazoo Valley CC, Mich. Hagerstown CC, Md.	def.	3-2 (23-25, 25-23, 25-23, 22-25, 15-8)
Match 7	Johnson County CC, Kan. Iowa Lakes CC	def.	3-2 (22-25, 22-25, 25-20, 25-15, 15-9)
Match 8:	Kishwaukee College, Ill. North Platte CC, Neb.	def.	3-0 (25-23, 25-19, 25-16)
Match 9	Parkland Columbus State	def.	3-2 (25-22, 20-25, 22-25, 25-22, 15-9)

Match 10	Cowley Des Moines Area	def.	3-1 (25-19, 21-25, 25-21, 25-17)
Match 11	Illinois Central Kalamazoo Valley	def.	3-0 (25-20, 25-14, 25-17)
Match 12	Kishwaukee Johnson County	def.	3-0 (25-23, 25-23, 25-19)

### Friday, November 20

Match 13	McHenry East Central (24-15)	def.	3-0 (25-18, 26-23, 25-15)
Match 14	Glendale Monroe (27-4)	def.	3-0 (25-21, 25-14, 25-19)
Match 15	Hagerstown Catawba Valley (23-6)	def.	3-0 (25-17, 25-12, 25-14)
Match 16	North Platte Iowa Lakes (24-22)	def.	3-1 (25-23, 25-23, 15-25, 25-17)
Match 17	Des Moines Columbus State	def.	3-1 (25-22, 25-18, 22-25, 25-23)
Match 18	Johnson County Kalamazoo Valley	def.	3-0 (25-17, 25-19, 25-20)
Match 19	Glendale McHenry (26-10)	def.	3-2 (23-25, 25-20, 25-17, 22-25, 15-11)
Match 20	North Platte Hagerstown (38-9)	def.	3-1 (20-25, 25-22, 25-17, 25-23)
Match 21	Cowley Parkland	def.	3-2 (20-25, 25-20, 25-22, 19-25, 15-13)
Match 22	Illinois Central Kishwaukee	def.	3-0 (25-12, 25-19, 25-23)

### Saturday, November 21

Match 23, 9th/10th Place:	North Platte (30-15) Glendale (20-15)	def.	3-2 (20-25, 25-16, 25-21, 25-19, 15-9)
Match 24, 7th/8th Place:	Columbus State (43-10) Kalamazoo Valley (37-9)	def.	3-0 (25-22, 25-21, 25-22)
Match 25, 5th/6th Place:	Des Moines Area (44-9) Johnson County (27-9)	def.	3-0 (25-17, 25-19, 25-22)
Match 26, 3rd/4th Place:	Parkland (41-6) Kishwaukee (40-6)	def.	3-1 (25-23, 18-25, 25-18, 25-21)
Match 27, Championship:	Illinois Central (33-7) Cowley (32-5)	def.	3-2 (25-21, 25-19, 23-25, 22-25, 15-7)

## 2009 NJCAA DII ALL-TOURNAMENT TEAM

### Name/College

<b>Darcie Faylor</b> , Kishwaukee	<b>Jordan Lockwood</b> , Johnson County
<b>Jena Karkos</b> , Kishwaukee	<b>Megan Danner</b> , Columbus State
<b>Bobbi Bayer</b> , Des Moines Area	<b>Elena Berroteran</b> , Cowley College
<b>Justine Young</b> , Des Moines Area	<b>Roslandy Acosta</b> , Cowley College
<b>Jeni Sykes</b> , Parkland	<b>Leah Shaw</b> , Illinois Central
<b>Lucy Coleman</b> , Parkland	<b>Katie Thomason</b> , Illinois Central

**MOST VALUABLE PLAYER:** Yiting Cao, Illinois Central  
**COACH OF THE TOURNAMENT:** Sue Sinclair, Illinois Central